



Laser Hair Removal Instructions

What to know before you book:

With Moveo technology, the Motus AZ+ hair removal system allows us to offer permanent laser hair removal with sessions that are incredibly effective, quick & comfortable, and virtually painless! Safe for all skin types including dark skin tones and traditionally sensitive skin!

2 Months Before... Cease the use of Accutane

4 Weeks Before... You should avoid excessive sun exposure (may help prevent post-treatment complications) & use strong SPF for 2 weeks before your appointment.

2-4 Weeks Before... Do not remove the hair from the follicle! No waxing, tweezing, or bleaching prior to the first treatment.

1-2 Weeks Before... no chemical peels, dermal fillers, or similar treatments! Be sure to coordinate other skin therapies with your clinician! Do not take aspirin for several days before treatment to help prevent purpura.

Preparing for your treatment:

The morning of your treatment (or the night before) you will need to shave the area. Suspend the use of medications contraindicated to the treatment wavelengths the morning of your appointment.



During your laser hair removal appointment...

You can expect your treatment to cover large portions of skin relatively quickly with advanced technology and patented techniques. Most clients feel no more than a slight warming sensation which allows for a relaxed, comfortable, enjoyable experience!

Failure to comply with recommendations & instructions may result in adverse effectiveness of treatment/therapy and may actually cause or worsen the occurrence of side effects

TSC Aesthetics • 419 S. 5th Street, Gadsden, AL • 256-547-5200
The Surgery Clinic, LLC After-Hours Emergency Line: 256-680-7035

After Painless Laser Hair Removal with the MotusAZ+ System...

After your appointment:

Do not rub the treated area. Moisturize your skin & avoid direct exposure to sunlight or UV light. Make certain you're using a product with SPF of 50 or higher especially in the days following your appointment, although we recommend daily use of moisturizers and SkinBetter's SunSmart or a similar product.

Avoid using hot water on the treated area for 24 hours. Avoid strenuous activity (exercising, hot tubs, saunas, hot yoga, etc) for 48 hours.

Hydrated skin is healthier, younger-looking skin! Try a liberal application of one of our SkinBetter Science products such as Alto, Trio, or Trio Luxe to sooth any lingering dryness or irritation that may occur. Apply daily for best results!

Consider allowing more time between treatments as the growth of the hair slows and there are fewer & finer hairs in the treatment areas

Scheduling Guidelines:

Repeat laser hair removal sessions based on the growth cycle of the target area

Face: 2-4 weeks

Arms: 4-6 weeks

Axilla: 4-6 weeks

Bikini: 4-6 weeks

Legs: 8-10 weeks

Back: 8-10 weeks

Contact our office if you experience:

Moderate or severe pain & swelling; excessive redness, blistering, scabbing; Itching that does not ease after reapplication of moisturizer or soothing agent; appearance of rash-like symptoms



Failure to comply with recommendations & instructions may result in adverse effectiveness of treatment/therapy and may actually cause or worsen the occurrence of side effects

TSC Aesthetics • 419 S. 5th Street, Gadsden, AL • 256-547-5200
The Surgery Clinic, LLC After-Hours Emergency Line: 256-680-7035