



SkinBetter Science AlphaRet Professional Peel Instructions/FAQ

The Peel without the Peeling!
Clinical results with no downtime!



Preparing for your treatment:

4 Weeks Before... no more tanning! Avoid excessive sun exposure, tanning, & sunless tanners and make sure to use SPF 30 or higher when outdoors!

1-2 Weeks Before... no products or treatments! Be sure to coordinate other skin therapies with your clinician! So no Botox/Filler, peels, microneedling, laser hair removal, or other aesthetic procedures for 2 weeks before your professional chemical peel. Avoid the use of Retinoids & exfoliants at least 1 week prior to your appointment. (No-No's may include: AlphaRet, retinol, Retinal, tretinoin or RetinA, Tazorac, salicylic acid, alpha-hydroxy acids like glycolic acid, lactic acid)

After your appointment:

Sunscreen and makeup can be applied post-peel. Avoid washing your face/treatment area until the next day if possible.

Some areas may experience slight sunburn-type sensations & appearance. SkinBetter's Alto or Trio may help ease any temporary redness or swelling. You may resume your regular skincare regimen the day after your peel if your skin is not showing any signs of sensitivity. *Due to SkinBetter's patented AlphaRet formula, you probably will not peel following this treatment!* Any areas of concern can be addressed with a product like Vaseline or Aquaphor or Trio until resolved. APPLICATION OF BROADSPECTRUM SUNSCREEN IS RECOMMENDED DAILY! Consider a product like SkinBetter SunBetter Tone Smart which offers SPF 75 or the Sheer SPF 65 Compact!

Before you leave your treatment discuss any questions or concerns you may have with your provider! Additional instructions or advice may be rendered at time of appointment based on your individual needs/skin type/results *If you have active outbreaks/cold sores/etc. or if your skin is excessively irritated your treatment may be postponed until under control with no penalties incurred

Failure to comply with recommendations & instructions may result in adverse effectiveness of treatment/therapy and may actually cause or worsen the occurrence of side effects

Contact our office if you experience:

Moderate or severe pain & swelling; excessive redness, blistering, scabbing; Itching that does not ease after reapplication of moisturizer or soothing agent; appearance of rash-like symptoms

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