



MoveoGLO Facial Instructions

What to know when you book:

2 Months Before... Cease the use of Accutane

4 Weeks Before... No more tanning! Avoid sun exposure (may help prevent post-treatment complications) & use strong SPF for 2 weeks before your appointment.

1-2 Weeks Before... no chemical peels, dermal fillers, or similar treatments! Be sure to coordinate other skin therapies with your clinician!

Preparing for your treatment:

The morning of your treatment (or the night before) you will need to shave the area. Suspend the use of medications contraindicated to the treatment wavelengths the morning of your appointment.

After your appointment:

Do not rub the treated area. Hydrate your skin & avoid direct exposure to sunlight or UV light. Make certain you're using a product with SPF of 50 or higher especially in the days following your appointment, although we recommend daily use of moisturizers and SkinBetter's SunSmart or a similar product.

Avoid using hot water on the treated area for 24 hours.

Avoid strenuous activity (exercising, hot tubs, saunas, hot yoga, etc) for 48 hours.



Contraindications for ANY Motus Laser Treatment:

Light sensitivity to treatment wavelengths, current anticoagulant therapy, recent overexposure to sun/UV, Pregnancy, Scar Disorders (keloid, hypertrophic, etc), history of Herpes Simplex, active infections &/or compromised immune system, atypical facial hair growth

Failure to comply with recommendations & instructions may result in adverse effectiveness of treatment/therapy and may actually cause or worsen the occurrence of side effects

Contact our office if you experience:

Moderate or severe pain & swelling; excessive redness, blistering, scabbing; Itching that does not ease after reapplication of moisturizer or soothing agent; appearance of rash-like symptoms

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