



## Microneedling Instructions/FAQ

### *What to know before you book:*

Virtue RF microneedling takes the benefits of this safe, natural treatment to the next level by combining radio-frequency & laser technology with their state-of-the-art RPD pen for cleaner, more precise insertion without the tearing & skin trauma other RF delivery systems can cause so you get better, more consistent results from your treatment *with no downtime!*

***Before your treatment...*** Avoid sun exposure for 1-2 weeks  
4-6 months before microneedling suspend Accutane; no aspirin for 5-7 days before appt.

***The day of your appointment...*** No spray tan or lotion.  
Treatment area(s) should be clean-shaven & all metal/jewelry removed.

***After your treatment...*** A soothing Microcurrent Dual Face Mask that is soaked in Sodium Hyaluronate, Aloe Vera and Caffeine will be worn post procedure for 20 minutes. This will calm and enrich your skin after treatment!

### ***Post Care Instructions***

- Wait until the next morning to wash your face!
- Do not rub the area while bathing/ avoid hot water (24 hours)
- No sauna/ hot yoga/ exercise (48 hours)
- No make-up on treatment area (24 hours)
- No exfoliants (1 week)
- Sun Block of SPF 50+ should be worn daily (after 24 hours)
- No tanning or sun exposure (for ideally 1-2 weeks)

### ***Additional Recommendations...***

Ideally clients should plan to sleep on clean pillowcase for three days following treatment & make sure to clean glasses, makeup brushes, hearing devices, and anything that will be in contact with treated skin. Avoid anti-inflammatory meds and products as these will inhibit the treatment's efficacy. The natural inflammatory response is what causes your body to harness it's own healing powers to create tighter, more evenly toned, resurfaced skin with almost immediate tightening from the lasers & long-lasting results!

**You should not book a Microneedling Treatment if you...** *are pregnant or nursing.*

*This treatment is not for those that have active implants (pacemaker/internal defibrillator), permanent metal in the treatment area, history of keloid scarring, sensitivity to heat, compromised immune system, or if the treatment area has any sign of active infection, skin cancer/pre-cancerous lesions, open wounds or abnormal skin conditions, tattoos or permanent makeup.*

*Failure to comply with recommendations & instructions may result in adverse effectiveness of treatment/therapy and may actually cause or worsen the occurrence of side effects*

Contact our office if you experience:

*Moderate or severe pain & swelling; excessive redness, blistering, scabbing; Itching that does not ease after reapplication of moisturizer or soothing agent; appearance of rash-like symptoms*

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