



Filler-Toxin Instructions

1-2 Weeks Before... No aspirin, no NSAIDS for 1 week before your treatment. Avoid Chemical Peels and Laser Procedures 1-2 weeks prior to Dermal Fillers

Preparing for your treatment... It is recommended that clients avoid consuming alcohol for 24 hours before your procedure.

Be sure you're hydrated!

After your appointment:

You should be able to return to work & normal activities immediately

For the first 24 hours Avoid...

- strenuous exercise
- sun/heat (this includes tanning beds!)
- extreme cold exposure
- massaging/pressing treated areas
- use of aspirin & NSAIDS

Common post-treatment after-effects & suggestions...

- One side may heal faster than the other
- Use a cold compress immediately following your procedure
- Expect bruising and swelling (can be minimized by cold compress and arnica)

Failure to comply with recommendations & instructions may result in adverse effectiveness of treatment/therapy and may actually cause or worsen the occurrence of side effects

Contact our office if you experience: ANY REDNESS OR BLISTERS

TSC Aesthetics • 419 S. 5th Street, Gadsden, AL • 256-547-5200
The Surgery Clinic, LLC After-Hours Emergency Line: 256-680-7035